

# STAFF

## **SUGGESTED** CLOTHING & EQUIPMENT

*At Birchmont we do our Laundry twice weekly. For example, if you have laundry on Tuesdays & Thursdays, it will be picked up in the morning and returned in the afternoon of the following day. We hope this information helps you judge how much of each item to pack. Also please keep in mind that our laundry is a commercial facility so please do not plan on putting your delicate items or items that cannot withstand high heat through our washers and dryers.*

- T shirts
- Shorts
- Long Pants/Jeans
- Bathing Suits
- Hooded Rain Poncho
- Medium Weight Jacket
- Sweatshirts
- Sweatpants
- Sleepwear
- Undergarments
- Socks
  
- Sneakers
- Rainy Day Shoewear
- Heavy Duty Sandals (Teva type/NO FLIP FLOPS)

**INTERNATIONAL STAFF:**  
**Camp will provide your pillows, blankets, linens and towels.**

- Laundry Bag
- Blankets/Comforters
- Pillow
- Pillow Cases
- Cot sheets (top and bottom)
- Bath or Beach Towels
- Face Cloths

- Flashlight with extra batteries
- Toilet Kit

### OPTIONAL

- Zippered Sock Bag
- Water Bottle
- Softball glove
- Soccer cleats
- Tennis racquet
- Roller blades
- Hiking boots
- (Baseball) hats

NOTE:

BORROWING THE ABOVE EQUIPMENT FROM CAMPERS IS NOT ALLOWED.